



**FfAME – FAMILY FOCUSED APPLIED MANUAL EDUCATION**  
presents

## **FOUNDATIONS of PEDIATRIC MANUAL THERAPY**

In person \* Live Demonstrations \* Handling Techniques

**A hands-on pediatric course designed to immediately elevate your clinical practice.**

Sunday, May 31, 2026 – NOVA SCOTIA (9:30 am - 4:30 pm)

Cost: \$346.93 + hst (\$395.50)

taught by:

Sandhya Jain, RPT, BScPT, MOMSc.(OAO), DPT

Registered Physiotherapist, Osteopathic Manual Practitioner & Doctor of Physical Therapy (Pediatrics)

**Please note:**

This course is a prerequisite. It is 1st of a 4 COURSE SERIES:

### **1-FOUNDATIONS OF PEDIATRIC MANUAL THERAPY**

2-PEDIATRIC WELLNESS I (FOCUS ON THORACO-LUMBAR) - October 4, 2026  
(\$500 + hst = \$565) Oakville, Ontario

3- PEDIATRIC WELLNESS II (FOCUS ON CRANIAL-CERVICAL) - October 25, 2026  
(\$500 + hst = \$565) Oakville, Ontario

4- PEDIATRIC HISTORY TAKING: UNDERSTANDING THEIR STORY - December 6, 2026  
(\$350 + hst = \$395.50) Oakville, Ontario

***If there is enough interest a weekend bundle of pediatric I and II will be considered in Nova Scotia.***

**Foundations Course Focus:**

This highly practical, clinically driven course is consistently sold out in Ontario every time it is run by Sandhya Jain who dual licenced as a Physical Therapist and Osteopathic Manual Practitioner. It goes beyond theory to give you **applicable pediatric manual therapy skills**. You will learn how to confidently assess and treat infants and children using a framework grounded in developmental anatomy, physiology, and the relationship between structure and function.

Participants will gain a deeper understanding of how developmental patterns influence the autonomic nervous system and impact digestion, neurological regulation, and gross motor development. Through live demonstrations and guided practice, you will develop techniques you can **apply in your clinical practice** with greater precision, confidence, and clinical reasoning. This includes different handling skills that promote good neuro physiological function.

**Course Audience:** Osteopathic Manual Practitioners, Physiotherapists & other rehabilitation specialists

**Prerequisite:** Practicing, graduated Health Care Practitioner licensed & insured, in good professional standing

**Location:**

Canadian College of Massage and Hydrotherapy

6960 Mumford Rd

Halifax NS

B3L 4P1

*If enrollment is low, we will be teaching the course at Atlantic Coast Osteopathy.  
35 Bloom Ln, Bedford NS B4B 2E6*

Equipment: Please bring a doll that can help you practice handling techniques and a cranium if you have one available.

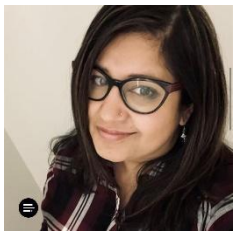
**Registration (5 steps):**

**If the course is sold out, please email [courses@familyfocused.ca](mailto:courses@familyfocused.ca) - Your interest determines if another date will be added.**

- 1. Go to [www.familyfocused.ca](http://www.familyfocused.ca) to the PROFESSIONAL COURSES**
  - 2. Go to the FfAME calendar**
  - 3. Pick the course you are applying for. It will take you to the next available class.**
  - 4. Sign up. Your registration is ONLY CONSIDERED COMPLETE AFTER your payment is received at: [courses@familyfocused.ca](mailto:courses@familyfocused.ca).**
- \*A receipt and confirmation of registration will be sent to you within 1-2 weeks**

## About the instructor & FfAME:

**Sandhya Jain, RPT, BScPT, MOMSc.(OAO), DPT** (aka Sun) brings over **27 years of clinical experience** as a Registered Physiotherapist and Osteopathic Manual Practitioner. She obtained her Master of Osteopathic Manipulative Sciences designation from the Canadian Academy of Osteopathy (CAO) in Hamilton (2012). Prior to becoming an Osteopathic Practitioner, she completed her Physical Therapy degree at the University of Toronto (2000), with her thesis completed at SickKids. More recently, Sandhya has completed her **Doctorate in Pediatric Sciences**, with advanced focus on **neurological, orthopedic, and visceral approaches**.



Upon graduation as a physiotherapist, she worked in the areas of Neurology and Orthopedics, with special expertise in Pediatrics (ErinOak Kids). Her undergraduate studies in Neuroscience reflect her long-standing interest in understanding the intricacies of the human body's inner workings.

As a Physiotherapist, Sandhya has specialized training in Neuro-Developmental Technique, Cuevas MEDEK Exercises, and Cupping Therapy. Though she valued her career in physiotherapy, a personal health crisis led her to experience the benefits of Osteopathic care firsthand. Inspired by this, she pursued the CAO's M.OMSc. program to better serve her patients and their families. Her passion for problem-solving and clinical excellence earned her recognition in case study presentations, and she later had the opportunity to teach at the CAO, present at Founder's Day and contribute to multiple lectures. As her work with infants and older children demanded a greater knowledge of the cranium and its holistic function, Sun chose to pursue a post-professional Doctorate of Physical Therapy (Pediatric Science), with the focus on bone development particularly the cranio-facial-cervical anatomy.

Her love of teaching and mentoring has brought Sandhya to a place in her career where she continues to pursue advanced education while sharing her knowledge of structure and function. This passion led to the creation of **FfAME – Family Focused Applied Manual Education**, where she is dedicated to supporting clinicians in developing confidence and skill in pediatric care.