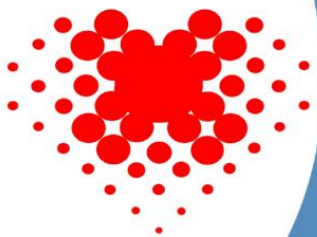


# Component Report 2025

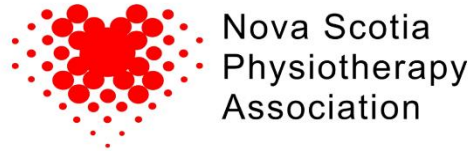


Nova Scotia  
Physiotherapy  
Association

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Hello NSPA Members and Supporters,

It is a privilege to present the 2025 NSPA Component Report. Each year, I continue to be inspired by the dedication and passion of our NSPA members. Your commitment to advancing the physiotherapy profession in Nova Scotia remains both evident and impactful.

This report provides a comprehensive overview of the work of NSPA's Standing Committees, Regional Districts, and the two Nova Scotia Practice Divisions of the CPA. These sections highlight the contributions of our volunteers, whose efforts are essential in advancing our priorities and strengthening our collective voice.

Despite the ongoing challenges that come with limited resources and an evolving healthcare landscape, the commitment of our volunteers continues to stand out. Their leadership, insight, and willingness to contribute their time make meaningful progress possible.

I want to sincerely recognize and thank our volunteers for the significant time and energy they dedicate. Their contributions not only strengthen our association, but also support the continued growth and recognition of the physiotherapy profession across the province. The achievements outlined in this report are a direct reflection of their efforts.

To all NSPA members, thank you for your continued engagement and support. It is through this collective commitment that we are able to advance the profession and make a meaningful impact.

With gratitude and appreciation,



Patricia Connors  
Chief Executive Officer  
Nova Scotia Physiotherapy Association



Advocacy continues to be a key strategic priority for the Nova Scotia Physiotherapy Association. Significant time and effort were dedicated throughout 2025 to advancing the profession, supporting members, and strengthening relationships with key partners and health leaders, provincially and nationally.

Throughout the year, the NSPA placed an increased emphasis on timely communication with members, alignment with national partners, and proactive engagement with government and system leaders. This included regular member updates, multiple town halls, and ongoing collaboration with organizations such as the Canadian Physiotherapy Association (CPA), regulators, and industry partners.

**Specific priorities that we advocated for in 2025:**

- Reducing barriers to allow physiotherapists to work to full scope of practice in all settings
- Advancing the role of physiotherapists within team-based and primary care models
- Supporting appropriate utilization of physiotherapy in emergency and specialist referral pathways
- Addressing workforce challenges, including the integration and utilization of PTAs
- Ensuring fair compensation and transparency with Third Party Payers, including Workers' Compensation Board (WCB) and Motor Vehicle Act (MVA) insurers
- Strengthening regulatory clarity and oversight in evolving care delivery models

**Progress and Key Activities in 2025**

The NSPA made meaningful progress across its advocacy priorities through the following activities:

- Established and maintained regular engagement with major industry stakeholders, including bi-weekly meetings with Lifemark and meetings with national clinic leaders
- Developed and shared a Primary Care Resource at the request of the Department of Health and Wellness
- Increased frequency and transparency of advocacy communications through member e-blasts
- Conducted multiple member surveys (WCB, MVA, Strategic Planning) to inform advocacy priorities
- Hosted multiple Membership Town Halls to engage and gather feedback directly from members
- Maintained monthly meetings with the Nova Scotia Regulator of Physiotherapy
- Strengthened national alignment through regular meetings with CPA and partners across Canada

**See below for a detailed list of Advocacy Activities and Engagements in 2025.**

The NSPA Board and staff will continue to build on this work into 2026 to further advance the profession and support members across Nova Scotia.

Respectfully Submitted,

A handwritten signature in black ink, appearing to read 'Tara Moore', with a decorative flourish at the end.

Tara Moore, NSPA President

**Strategic Priorities:**  
**ADVOCACY | PROMOTION | EXCELLENCE**

**POSITION PHYSIOTHERAPY IN RELATION TO FUTURE HEALTH TRENDS AND POPULATION NEEDS**

**Connect with partners to advance the role of physiotherapy in the healthcare system**

The NSPA engaged extensively with government, health system leaders, and sector partners to reinforce the role of physiotherapy in improving access, reducing system strain, and supporting patient outcomes.

Key engagements included:

- Meeting with the Deputy Minister of Health and Wellness and departmental staff to discuss:
  - Role in team-based care
  - Referral pathways to physician specialists
  - Role in emergency settings
  - Health human resources (HHR)
- Participation in the Nova Scotia Premier’s Health Summits (May and September), where NSPA advanced priorities related to:
  - Primary care integration
  - Workforce shortages
  - Physiotherapy’s role in emergency and community care
  - Concerns regarding WCB Work Connected Recovery Program (WCRP)
- Attendance at the Provincial Budget Stakeholder Lockup to assess alignment with advocacy priorities
- Government outreach following the provincial election, including multiple letters to key decision-makers
- Participation in “Our Eastern Edge: Exploring Atlantic Canada’s Health Care Landscape”

**Influence Funding Models of Third-Party Payers**

The NSPA continued to advocate for fair, transparent, and sustainable funding models.

Key activities included:

- Ongoing engagement with WCB leadership, including formal meetings and ongoing issue management
- Advocacy related to the WCB Work Connected Recovery Program, including:
  - Response to the awarding of the contract
  - Ongoing member communication and issue escalation
- Collaboration with the Canadian Federation of Independent Business (CFIB) regarding the WCB RFP process, including joint advocacy efforts
- Letter to the Nova Scotia Minister of Labour regarding concerns with the RFP process
- Participation in the Nova Scotia Automobile Insurance Review, including interviews and a comprehensive written submission

### **Support members in self-advocacy efforts**

Supporting members remained a central focus in 2025.

Key initiatives included:

- Sharing of key resources, including the 2025 NSPA Fee Information Documents
- Multiple membership surveys to inform advocacy direction
- Two Membership Town Halls to gather feedback and provide updates
- Increased frequency of advocacy updates via e-blast

### **Liaise with CPA on national advocacy initiatives**

The NSPA maintained strong alignment with national priorities through ongoing collaboration with CPA.

Key activities included:

- Regular meetings with CPA and provincial partners to align advocacy efforts
- Participation in:
  - CPA Spring Leadership Summit (Ottawa)
  - CPA Component Summit (Ottawa)
- Engagement with national partners, including meetings with Lifemark and CBI national leadership alongside CPA

### **Participate in and support partner initiatives**

The NSPA continued to collaborate with a wide range of partners to advance shared priorities.

Key activities included:

- Monthly meetings with the Nova Scotia Regulator of Physiotherapy (NSRP)
- Engagement with Nova Scotia Health regarding scope clarity (e.g., CEP vs PT roles)
- Participation in NSCC PTA/OTA Advisory Committee to address workforce challenges
- Meeting with MTANS regarding preferred provider networks (PPNs)
- Hosting and participating in the Nova Scotia Physiotherapy Forum
- Formal letter to the NSRP regarding oversight concerns related to WCB WCRP



### Strategic Priority: EXCELLENCE

#### EMPOWER PHYSIOTHERAPISTS TO DELIVER EXCEPTIONAL PATIENT-CENTERED CARE

##### Facilitate continuing professional development for our members

- Provided \$10,000 in funding to NSPA members in support of their Professional Development.
- Hosted free educational opportunity at the 2025 Nova Scotia Physiotherapy Forum covering the topics of Burnout Prevention and Indigenous Health.

#### NURTURE A SENSE OF COMMUNITY AND PRIDE WITHIN THE PROFESSION

##### Plan networking events to nurture a sense of community within the profession

- Hosted 2025 Nova Scotia Physiotherapy Forum which included networking opportunities for Nova Scotia physiotherapists, assistants, students, researchers and educators.

##### Celebrate outstanding members through awards and events

- NSPA distributed its annual Award of Excellence at the 2025 Nova Scotia Physiotherapy Forum.
  - ❖ This year's recipient of the Award of Excellence was Stephen Richey.
- A 2026 CPA Congress free registration prize was provided to Agnes Madsen.

##### Engage with students to support and foster professional pride.

- Engaged with Dalhousie PT students at the Forum through interactive poster presentations.
- Advertised that students and new graduates receive discounts of up to 30% on continuing education courses through Embodia.

Respectfully Submitted by Jack Chiasson, Committee Chair

#### Member Services Committee Members 2025

Jack Chiasson - Committee Chair

Rebecca Clark

Erinn Davidson

Kyleigh Woods

Lauren Windsor

Hillary Yuill

Janna Sunde



### Strategic Priority: EXCELLENCE

#### NUTURE A SENSE OF COMMUNITY AND PRIDE WITHIN THE PROFESSION

##### Celebrate outstanding physiotherapy members through Awards and Events

- In 2025 we created content to celebrate our NSPA and CPA Award recipients, fostering pride among our members and within the profession.
- Additionally, we invited members to submit short profiles about themselves and their area of practice. We also contacted members directly to request their submissions. Through these submissions, we aimed to showcase the faces of physiotherapy in Nova Scotia. Members were encouraged to share something interesting about their field or their favourite aspect of working in physiotherapy.

#### ENHANCE THE CAPACITY OF THE NSPA TO BETTER SUPPORT ITS MEMBERS

##### Provide board members and committee members with educational opportunities

- Throughout 2025 we continued to be present on social media to promote events and educational opportunities available for NSPA members. We liaised with the Member Services Committee to advertise opportunities such as the NSPA's Professional Development Funding model, Member Services Webinar Series, Congress Bursaries, and more.
- We had several new volunteers join the PR committee in 2025. We provided onboarding to these new volunteers by reviewing Canva, and Meta Facebook/ Instagram for scheduling posts. We utilized the Canva educational modules completed in 2023 by Jessica Roy.

### Strategic Priority: PROMOTION

#### COMMUNICATE PHYSIOTHERAPY'S ROLE AS AN ESSENTIAL COMPONENT OF THE HEALTHCARE SYSTEM

##### Highlight the role and value of physiotherapy through social media, website and stakeholder engagement

- In 2025, the PR committee focused on regular social media postings using the social media playbook as a guide. Using this playbook allows us to utilize a dynamic approach to increase engagement with the NSPA brand and increase the awareness of physiotherapy. We have focused on ensuring that we hit each of the pillars (Physio 101, Physio + Health, 3<sup>rd</sup> Party Content, Member Engagement, and Physio Pride) each month and have ensured that we post a minimum of 5 times, or 1-2 a week.
- Our Facebook followers have increased from 2083 to 2128 and our Instagram followers have increased from 1329 to 1427 as of March 10th, 2026 (from March 10, 2025). That is a 2.16% increase for Facebook and a 7.37% increase for Instagram. This is less than our over 3% increase in Facebook followers in 2024; however, our increase in followers for Instagram is greater than 2024. Our goal was to grow each account by 5% for 2025, which we succeeded on Instagram platform.

- We continued to sponsor Sport Nova Scotia, and our ad appeared 4 times in Sport Nova Scotia's publication Sport Quarterly.

## Strategic Priority: **ADVOCACY**

### **POSITION PHYSIOTHERAPY IN RELATION TO FUTURE HEALTH TRENDS AND POPULATION NEEDS**

#### **Connect with followers to educate on role physiotherapists can play to reduce strain on healthcare system**

- We created and shared content on social media that educates followers on roles that physiotherapy can play in reducing strain on the health care system. We have also highlighted ways in which physiotherapy is already helping to do this: physiotherapists as direct access providers, the economic burden of chronic pain and how physiotherapists can help, physiotherapists role in team-based primary care, and more.

#### **Support members in self-advocacy efforts**

- We have created and shared content on social media that is meaningful to members and that supports their self-advocacy efforts that can be re-shared to their own social media platforms
- We have also created an advertisement on social media that shares the advocacy efforts of the NSPA and helps to keep members informed of the NSPA's work (e.g. physiotherapists across NS being able to order x-rays, direct access practitioners, find-a-physio platform).

Respectfully Submitted by Emma Watson, Committee Co-chair

#### **Public Relations Committee Members 2024**

Emma Watson – Committee Co-Chair

Heidi Kent – Committee Co-Chair

Keltie Cheney

Amy Prescott

Katie Broussard

Ella Andrews



### Strategic Priority: EXCELLENCE

- As student representatives, it is important that we advocate the importance of professional development within the NSPA and CPA, for both students and practicing licensed clinicians.
- Professional development brings awareness to the advantages of membership and allows for new graduates to network when starting out in the field, also enhancing members' practice via educational materials and providing opportunities to contribute to the physiotherapy community.

### Strategic Priority: PROMOTION

- Student representatives continue to promote the importance of having an association membership during school and after graduation as a practicing clinician by sharing available resources.
- Student representatives continue make peers aware of advantages and opportunities that are offered through NSPA and CPA membership to emphasize the benefits that can be gained by being part of the association.

### Strategic Priority: ADVOCACY

- Similarly to previous years, the student representatives continue to advocate the essential role of the association in promoting the value and services of physiotherapy within Nova Scotia and emphasize its importance for the future of the profession.
- Student representatives continue to be engaged with the changing dynamics of the healthcare system and overall population needs to advocate for the value of physiotherapy and develop relevant resources to share with key participants involved.

Respectfully Submitted,  
Kate Delehanty, Kayli Strickland, and Jamieson Dick  
Dalhousie Student Representatives



## Strategic Priority: EXCELLENCE

Continuing professional development in the local area is the primary goal of the district. Katie Kelly, PT gave a day long course to members on pelvic floor physiotherapy; this course was provided to members out of District funds (April 5, 2025 hosted in Truro, NS). Our 2025 AGM was held on April 5, 2025 in Truro. Through the fall of 2025 members were asked to express interest in topic areas for future professional development, from that input, the District will be helping members with costs for attending courses (APTEI Cervical and Thoracic Spine and Shoulder Complex) being offered at the Aberdeen hospital on May 8 and 9, 2026. The District AGM is scheduled for May 9, 2026 in New Glasgow. Planning for fall 2026 virtual education sessions are in progress (topics include: hand injuries and women's health and menopause).

## Strategic Priority: PROMOTION

Physiotherapists in the region continue to promote the profession at their sites and educate on the role and ability for direct access and the benefits of physiotherapy intervention. Members consistently volunteer in community (sporting events, etc.). The District has promoted Congress being held in Halifax, NS in May 2026 to our members. We are offering bursaries to our members to help with the costs of attending Congress.

## Strategic Priority: ADVOCACY

Physiotherapists have advocated for roles in primary health care clinics and increased roles in the emergency departments as part of front-line assessment, and in our District, we are looking to help expand out professional capacity to support women's health and advocate in rural areas for education and awareness in line with the new Menopause Clinic that was announced by the Government of Nova Scotia on February 18, 2026.

Respectfully Submitted by Jennifer McNutt, President, NC NSPA

### Current Executive:

President: Jennifer McNutt

Vice-president: Crystal Cameron

Secretary: Jennifer MacIsaac

Treasurer: Tracy Davison

Professional Development: Liz MacDougall



### 2025 Review:

- NSOD has centralized with NOD and CPA which was unanimously voted in September 2025. We have worked together both provincially as well as nationally to make this transition.
- We are continuing to provide AIM courses through a hybrid model (content being delivered in both an online and in-person model).
- Several role transitions with members in new positions including Chairperson, Vice-Chair, Website/Social Media, Student year 1 rep. Changes to current positions since centralization included name change from PODCR to Provincial Course Liaison as well as removal of treasurer role.

### Syllabus Courses:

- Level 2 – Upper Quadrant
  - Cancelled fall 2025
- Level 3 – Lower Quadrant
  - Cancelled fall of 2025
- Level 2 – Lower Quadrant
  - Ran in spring 2025
- Level 3 – Upper Quadrant
  - Ran in spring 2025

### Non-Syllabus Courses

- Precision Pain Management by Michael Sangster, PT in June of 2025

### Current courses running:

- Level 2 – Lower Quadrant

### Community Connection:

- NSOS Student presentation at Dalhousie conducted for 1<sup>st</sup> and 2<sup>nd</sup> year students, presented by Vice Chair – Emily Coolen. Pizza lunch also provided
- AGM with guest speaker Michael Sangster April 2025

### Plans for 2026:

- Continue to help organize AIM courses in Nova Scotia
- Work closely with NOD to try and provide educational opportunities for Nova Scotian Physiotherapists through AIM system and with special interest courses
- Continue to work with NOD with centralization
- Continue to seek and share provincial members feedback with NOD
- Continue to build community connections through AGM's and presentations at Dalhousie

### Syllabus Courses:

- Level 1 AIM course has changed from an in-person course/exam challenge to an online module framework. Once completed participants can immediately get their level 1 certificate (if successful) and be able to participate in the Level 2 courses.
- Continue with offering Level 2 and 3 courses throughout the year.
- Intermediate Practical Exam - plans for Spring 2026

#### **Non-Syllabus Courses:**

- Special interest courses

#### **Executive: 2025 - 2026**

Chairperson: Ben McCarthy

Vice Chair: Emily Coolen (Resigning)

Provincial Course Liaison 1: Hailey West (Resigning)

Provincial Course Liaison 2: Allison Dorsey

Secretary: Emma Watson

Website/Social Media: Nathan Comeau

2<sup>nd</sup> Year Student Representative: Vincent D'Eon

1<sup>st</sup> Year Student Representative: Hannah Harquail

#### **Transitions to New Executive 2026 - 2027**

Chairperson: Ben McCarthy

Vice Chair: Vacant, currently searching

Provincial Course Liaison 1: Allison Dorsey

Provincial Course Liaison 2: Vacant, currently searching

Secretary: Emma Watson

Website/Social Media: Nathan Comeau

2<sup>nd</sup> Year Student Representative: Hannah Harquail

1<sup>st</sup> Year Student Representative: TBD by incoming class fall of 2026

Website: <https://nsorthodiv.ca/>

Instagram: orthodiv\_ns

Email: nsorthosection@gmail.com

Chair email: [benjamin.mccarthy@dal.ca](mailto:benjamin.mccarthy@dal.ca)

#### News from National

There have been several recent changes within the Canadian Physiotherapy Association that have impacted how the Sport Physiotherapy Canada is currently operating. Notably, SPC no longer has a dedicated full-time staff member, which has resulted in a period of transition and adjustment.

This shift has presented some challenges, as many of the roles and points of contact previously established within CPA have changed. SPC is now working collaboratively with newly assigned staff members across various areas, many of whom are navigating a steep learning curve. Despite these challenges, progress continues as systems and processes are re-established.

SPC remains committed to advancing its core priorities, including the promotion of core courses, support of the credentialing pathway, and enhancing value for all members—including those who are not currently credentialed but have an interest in sport physiotherapy. In addition, SPC has expanded its national webinar offerings, providing increased access to educational opportunities at a reduced cost for members throughout the year.

#### Continuing education

Education Division has continued to support the profession by organizing 2-3 sports first responder courses annually, with growing interest from Physiotherapists. This uptake reflects a strong need for advanced training in emergency and sideline care.

By organizing these courses, we are providing Physiotherapists with opportunities to contribute as essential members in emergency and first responder settings. In addition, we are helping promote Physiotherapy as a profession capable of working in specialized areas such as sports and emergency care, thereby creating new opportunities for practitioners.

Lastly, by offering access to additional courses, the Education Division continued to advance high standards of practice by delivering relevant, high-quality educational opportunities that enable Physiotherapists to build skills, stay current with best practices, and enhance their clinical competence.

In 2025, the Sport First Responder ran 3 successful courses. We will be maintaining the fall schedule and working with NB to provide more opportunity in the spring. The process for training a First responder instructor is on hold as National is reviewing budget and organization structure. National has also launched a yearly calendar for the sport first responder course that will be updated on a regular basis to help members with planning.

#### Communications

Over the past year we have continued to have an increase in our online social media presence with now having 574 Instagram followers. We will continue to increase our social media presence in 2026.

The NS Sport Physio social media platform supports NSPA's strategic priorities by emphasizing professional development and knowledge sharing across the profession. Through advocacy, posts featuring conferences, webinars, and collaborative events highlight the critical role physiotherapists play in advancing health system

transformation and interdisciplinary care. In terms of promotion, the page shares content on courses, mentorship opportunities, and student presentations, reinforcing the profession's commitment to growth, leadership, and lifelong learning. Finally, it demonstrates excellence by highlighting continuing education initiatives and recognizing physiotherapists who have pursued advanced credentialing in sport physiotherapy, underscoring a strong commitment to specialized expertise and high standards of practice.

### **Member Development**

The Member Development position continues to support the priorities of Advocacy, Promotion, and Excellence within the physiotherapy profession. Ongoing communication has been maintained with the first- and second-year student representatives from the Dalhousie University School of Physiotherapy to support engagement between students and SPC-NS. The mentoring and student shadowing list was also reviewed and updated to help facilitate connections between practicing physiotherapists and students interested in learning more about the profession.

The Student Merit Award was not awarded this year due to a lack of applicants. Moving forward, plans for 2026 include increasing student engagement through a presentation at the Dalhousie University School of Physiotherapy, as well as promoting and relaunching the Student Merit Award to encourage student participation and recognize emerging leaders within the profession.

### **Mentorship Program**

The SPC-NS Mentorship Program continued to provide valuable, hands-on learning opportunities in collaboration with Hockey Nova Scotia (HNS). During the HNS spring camps held over two weekends in May 2025, medical coverage was supported by a team of 12 physiotherapists and 5 chiropractors, all with extensive experience in sport coverage. This structure allowed groups of 2–3 students to participate in shadowing experiences across three ice surfaces simultaneously, providing exposure to a high-volume, dynamic sport environment.

Students who accumulated a minimum of 15 hours of shadowing were eligible to apply for trainer positions at the HNS summer camps. Five physiotherapy students were selected and participated in a four-day immersive experience at St. Francis Xavier University. During this time, students were responsible for on-ice coverage, pre- and post-game care, and assisting with warm-up and cool-down implementation. Each student received one-on-one mentorship from SPC-credentialed physiotherapists or clinicians with significant sport coverage experience. Key learning outcomes included taping techniques, splinting, medical kit preparation, emergency response, and return-to-play decision-making.

As part of the program progression, students accompanied their respective teams to the Atlantic Challenge Cup over Thanksgiving weekend. At this event, one physiotherapist was assigned per site to provide ongoing guidance and mentorship, while also allowing students to develop greater independence in their roles.

To further support consistency and preparedness, virtual orientation sessions were introduced in 2024 and continued into 2025. These sessions were designed to align expectations and ensure a standardized experience across participants. Feedback from the 2025 cohort was overwhelmingly positive, with no suggested areas for improvement. Looking ahead to 2026, the program will continue to build on this success, with a focus on maintaining a high-quality learning environment for both students and physiotherapists who are new to sport coverage.

### **Events**

Responsibilities include the coordination of Host Medical Team services for CheerExpo, Atlantic Canada's

premier cheerleading competition. This includes leading a team of seven Sport First Responder therapists who provided approximately 60 person-hours of on-site coverage over the course of the weekend. In addition, 15 physiotherapy student volunteers participated in the event, assisting and shadowing for between 2–8 hours each. Interest from student volunteers was exceptionally strong, resulting in the creation of additional shifts to accommodate demand.

This role also involves ongoing advocacy and promotion of physiotherapists as first-line providers for both emergency and non-emergency care across populations of all ages and abilities. Regular communication is maintained with event organizers, team staff, and athletes to ensure clarity around physiotherapy scope of practice, service delivery, and integration within broader care pathways.

Beyond CheerExpo, SPC-NS continues to support additional regional events, including East Coast IceJam and local high school, ACAA, and USports competitions, through both event coverage and organizational involvement. A key priority remains fostering professional development by engaging undergraduate and physiotherapy students through structured shadowing and mentorship opportunities. These experiences provide valuable exposure to high-paced, high-volume sport environments and support continued growth and excellence within the profession. Ongoing promotion of event coverage opportunities for Atlantic Canadian physiotherapists is also conducted through social media and partner networks.

### ***Interaction with Students***

In 2025, Dalhousie physiotherapy students demonstrated strong engagement through a variety of hands-on volunteer opportunities while learning and fostering mentorship opportunities. Students contributed their skills at events such as Soccer Nova Scotia Camps, Hockey Nova Scotia Spring ID Camps, Hockey Nova Scotia Summer Selection Camps, Atlantic Challenge Cup, and Cheer expo. Students assisted with injury prevention, assessment, and athlete care while shadowing certified physiotherapists in the field. Additional involvements with King's College Student Therapy Programs allowed students to regularly implement sport physiotherapy focused care for various sport teams. These experiences not only enhanced practical learning but also strengthened connections between students, athletes, working professionals and the wider community.

### **2026**

- Continue with mentoring of students
- HNS HPP Mentorship in late spring, summer and again in the fall of 2026
- Additional sport first responders' courses to help with recert and timing
- Congress is coming and we will host a SPC social networking event

### **Executive:**

Chairperson: Amie Lee

Chair Elect: Tricia McBride

Events: Jacob Halloran

Education: Carter Piercy, Amanda Monk

Mentorship Program with HNS: Cassy MacGillivray

Membership Development: Meredith Waisman

Communication and Marketing: Lisa McCarthy

Secretary/Treasurer: Tara Lind Student Representatives: Arielle Aucoin, Halle Nickerson

*Contact Information:* SPC-NS chairperson can always be reached for any questions, concerns or suggestions at the central email for the NS division at: [novascotia@sportphysio.ca](mailto:novascotia@sportphysio.ca)

# NSPA Volunteers

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Thanks are extended to the Committee, District and Division volunteers who contributed their time and energies to bring value to NSPA members.

## **Governance Committee**

Barbara Kelly – Chair  
Katherine Harman  
Stephen Richey  
Alison McDonald  
Amy Prescott – Board Liaison

## **North Central District**

Jennifer McNutt – President  
Crystal Cameron  
Jennifer MacIsaac  
Tracy Davison  
Liz MacDougall

## **Student Representatives on NSPA Board**

Kate Delehanty  
Kayli Strickland  
Jamieson Dick

## **Sport Physiotherapy Canada – NS Section**

Amie Lee – Chair  
Tricia McBride  
Jacob Halloran  
Carter Piercy  
Amanda Monk  
Cassy MacGillivray  
Meredith Waisman  
Lisa McCarthy  
Tara Lind  
Student Representatives: Arielle Aucoin, Halle Nickerson

## **Member Services Committee**

Jack Chiasson – Chair  
Rebecca Clark  
Erinn Davidson  
Kyleigh Woods  
Lauren Windsor  
Heather MacAulay  
Hillary Yuill  
Janna Sunde

## **NS Orthopaedic Section**

Ben McCarthy – Chair  
Emily Coolen  
Hailey West  
Allison Dorsey  
Emma Watson  
Nathan Comeau  
Student Representatives: Vincent D'Eon, Hannah Harquail

## **Public Relations Committee**

Emma Watson – Co-Chair  
Heidi Kent – Co-Chair  
Keltie Cheney  
Amy Prescott  
Katie Broussard  
Ella Andrews  
Erin Morgan Donnelly