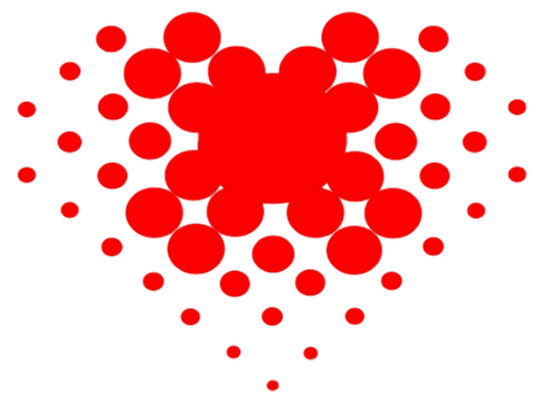


Annual Report 2025



Nova Scotia
Physiotherapy
Association

Message from the NSPA President and CEO

On behalf of the Board of Directors, we are pleased to present the 2025 Annual Report to the members and supporters of the Nova Scotia Physiotherapy Association (NSPA).

We are proud of what the NSPA has accomplished over the past year. In a time of significant change within the physiotherapy landscape, we engaged with key provincial health leaders, including senior representatives from the Department of Health and Wellness and the Workers' Compensation Board. We also continued our participation in the NS Premier's Health Summit. These conversations, along with many others, enabled us to advocate effectively for our members and ensure their voices were represented at critical decision-making tables.

We continue to advance our vision that physiotherapy in Nova Scotia is an essential partner in optimizing health.

We extend our sincere thanks to our dedicated volunteers and staff, whose commitment and leadership continue to strengthen the NSPA community and its impact.

In the following pages, and in greater detail within the 2025 Component Report, we are pleased to share the work of our Board and standing committees throughout 2025.



President Tara Moore

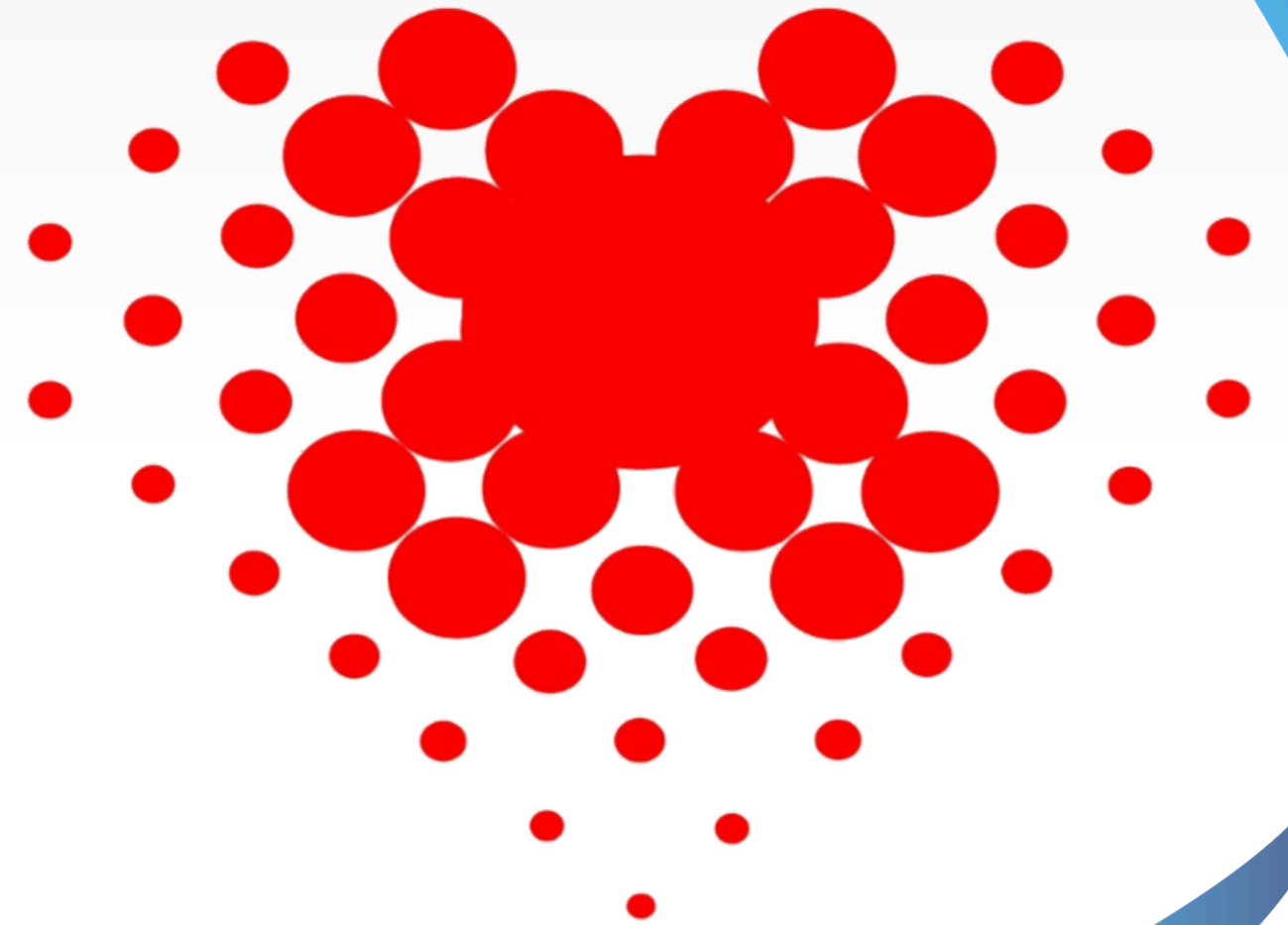


CEO Patricia Connors

Presenting *2025*

The NSPA is dedicated to advancing the profession in our province.

We are proud to share our hard work and achievements over the past year with you.



Member Value 2025

Delivered meaningful value to members through professional development support, recognition, and communication initiatives that support practice, connection, and career growth.

Key Member Value Highlights:

- Successfully hosted the second annual Nova Scotia Physiotherapy Forum, welcoming 137 attendees and featuring two keynote speakers and a vendor exhibit
- Presented the NSPA Award of Excellence in recognition of outstanding contribution to the profession
- Awarded \$10,000 in Professional Development Bursaries to support members' continuing education
- Delivered a monthly NSPA e-newsletter featuring a job board, upcoming courses and events, and a clinic marketplace
- Shared regular communications from the President/CEO highlighting advocacy efforts and current events
- Introduced e-newsletter advertising opportunities for both members and external partners
- Promoted the profession, celebrated member achievements, and developed shareable social media content to enhance public awareness of physiotherapy



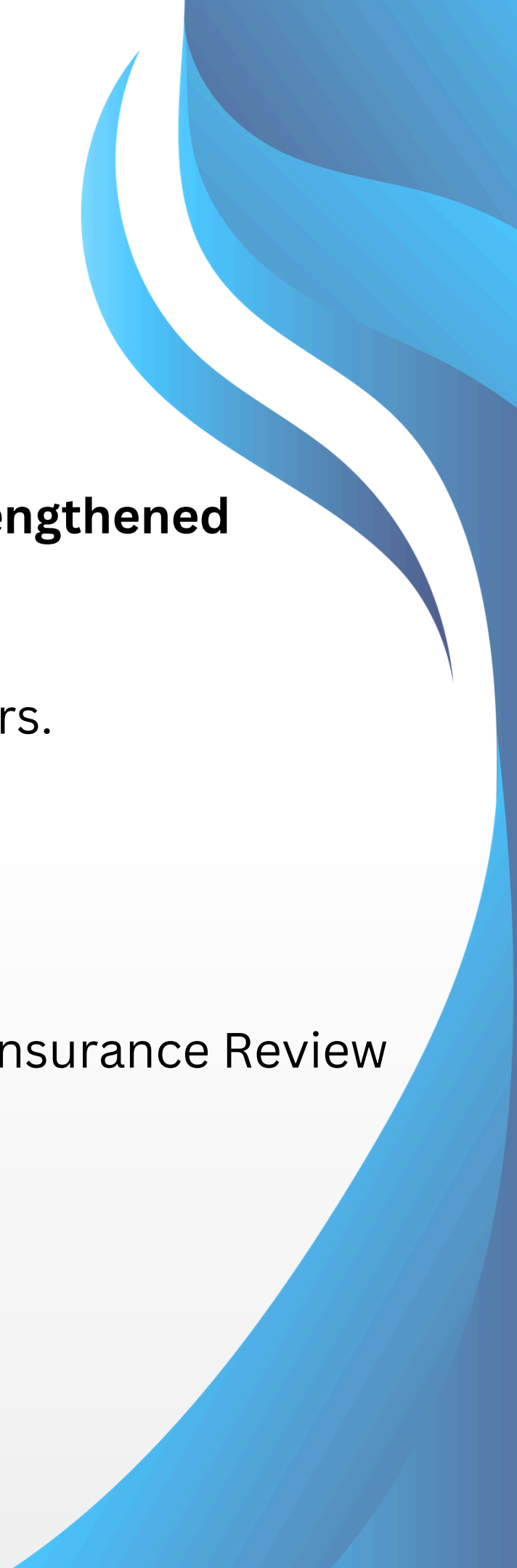
Engagement 2025

Positioned NSPA as a strong, credible voice for Physiotherapy in the province and strengthened relationships with key partners.

Ongoing engagement with government, system leaders, regulators, and national partners.

Key Engagement Highlights:

- Meetings with Deputy Minister of Health and Wellness and Department staff
- Participation in Nova Scotia Premier's Health Summits (May & September)
- Meetings with NS Superintendent of Insurance and participation in NS Automobile Insurance Review
- Regular collaboration with CPA and national partners
- NS Physiotherapy Fee Documents – 2025
- Advocacy related to the WCB Work Connected Recovery Program



Advocacy Priorities 2025

Reducing barriers to allow PTs to work to full scope of practice

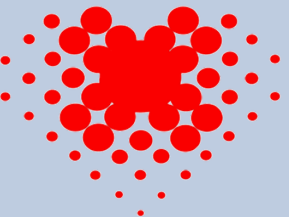
Advancing PT role in team-based and primary care models

Improving access to physician specialist referrals

Fair compensation for PTs in the public sector

Fair compensation and transparency from Third Party Payers (e.g., WCB, MVA)

Strengthening clarity and oversight in evolving care models



Looking ahead to 2026

As 2025 came to a close, the Board of Directors worked thoughtfully to develop a new strategic plan for 2026–2030. We look forward to sharing this plan with members at the Annual General Meeting on May 4th, 2026.

The new plan is guided by member priorities, focuses on strengthening advocacy, addressing workforce and access challenges, supporting professional growth, and raising public awareness. At its core, it is about bringing the physiotherapy community across Nova Scotia closer together, building a stronger, more connected profession for the future.



Financial Report

Nova Scotia Physiotherapy Association
Comparative Statement of Net Income
For 12 Months Ended December 31, 2024 / 2025

NOTICE TO READER

To the members of the Nova Scotia Physiotherapy Association:

I have examined the financial records of the Nova Scotia Physiotherapy Association for the 12 month period ended December 31, 2025.

Based upon the information provided, I believe the financial statements accurately reflect the financial position of the Association as of December 31, 2025.

Michael Canavan

Michael Canavan

	<u>2025</u>	<u>2024</u>
REVENUE :		
Membership Dues (note 2)	\$133,017	\$133,109
Advertising	\$9,640	\$12,298
Sponsorship	\$12,407	\$485
Interest Income	\$2,404	\$3,243
Miscellaneous	\$5,588	\$1,830
Total Revenue	<u>\$163,056</u>	<u>\$150,965</u>
EXPENSES:		
Banking, Insurance, and Legal	\$4,634	\$3,261
Meetings and Stakeholder Relations	\$8,563	\$14,946
Member Recruitment and Retention	\$48,597	\$44,762
Office and Staffing	\$103,800	\$96,413
Public Relations and Marketing	\$3,030	\$7,843
Total Expenses	<u>\$168,624</u>	<u>\$167,225</u>
Net Income (Loss)	<u>(\$5,568)</u>	<u>(\$16,260)</u>



Financial Report

Nova Scotia Physiotherapy Association
Comparative Balance Sheet
December 31, 2024 / 2025

	<u>2025</u>	<u>2024</u>
<i>CURRENT ASSETS :</i>		
Cash and Bank	\$229,836	\$227,050
Investments (note 2)	\$71,962	\$69,558
	<u>\$301,798</u>	<u>\$296,608</u>
<i>LONG-TERM ASSETS :</i>		
Total Assets	<u>\$301,798</u>	<u>\$296,608</u>
<i>CURRENT LIABILITIES :</i>		
Accounts Payable and Accrued Liabilities	\$13,589	\$9,533
HST Payable	\$10,300	\$10,331
Deferred Revenue (note 2)	\$81,440	\$74,707
	<u>\$105,329</u>	<u>\$94,571</u>
<i>EQUITY :</i>		
Sinking Fund	\$30,000	\$30,000
Special Purpose Funds - Strategic Initiatives	\$50,000	\$50,000
Unrestricted Retained Earnings		
- Beginning of year	\$122,037	\$158,297
- Transfers to Sinking Fund and Special Purpose Funds	\$0	(\$20,000)
- Net Income (Loss) for year	(\$5,568)	(\$16,260)
- End of year	<u>\$116,469</u>	<u>\$122,037</u>
Total Liabilities and Equity	<u>\$301,798</u>	<u>\$296,608</u>

2025 NSPA Board of Directors

Please share in our appreciation of your 2025 Board of Directors and Staff . They contribute their time and energy to advance the profession in Nova Scotia.

Tara Moore | President

Amy Prescott | Secretary

Keltie Cheney | Treasurer

Emma Watson

Heidi Kent

Jack Chiasson

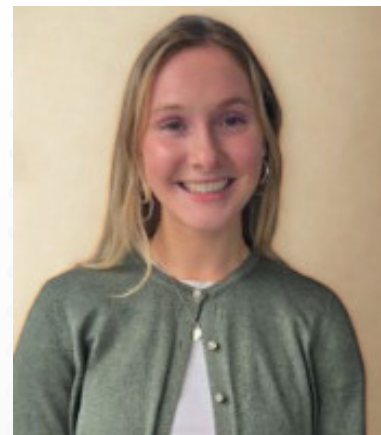
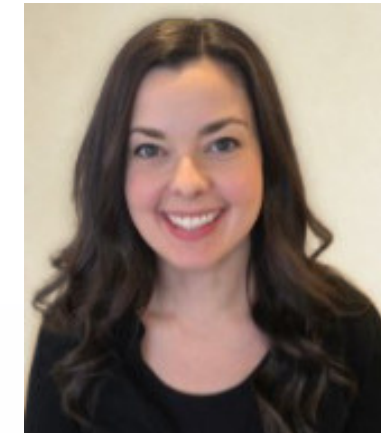
Kate Delehanty | Dalhousie 3rd Year Rep.

Kayli Stickland | Dalhousie 2nd Year Rep.

Jamieson Dick | Dalhousie 1st Year Rep.

Patricia Connors | Chief Executive Officer

Candice Brewer | Executive Assistant



Thank You!

We want to thank all NSPA members for their continued support. Without your support we would not be able to achieve the goals we set each year and promote and advocate for the physiotherapy profession.

FOR MORE INFORMATION

 www.physiotherapyns.ca

  @nsphysio

