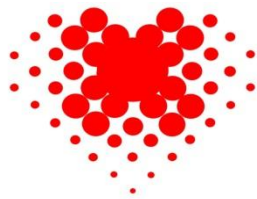




Nova Scotia  
Physiotherapy  
Association

**Nova Scotia Physiotherapy Association  
2026  
Annual General Meeting**



Nova Scotia  
Physiotherapy  
Association

## AGENDA

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### NOVA SCOTIA PHYSIOTHERAPY ASSOCIATION

Monday May 4<sup>th</sup>, 2026 via ZOOM

7:00 - 8:00pm AST

Q and A to follow

Agenda Item	
1.0 Call to Order; Welcome; Credentials Report	
2.0 Greetings from the Canadian Physiotherapy Association	
3.0 Approval of the Draft Agenda	
4.0 Report from the 2025 AGM Minutes Approving Committee	
5.0 Appointment of 2026 Minutes Approving Committee	
6.0 Financial Reports	
7.0 Election of Directors for 2026-2028	
8.0 Highlights from the Annual and Component Reports	
9.0 Introducing the NSPA Strategic Plan 2026-2030	
10.0 Adjournment	
Q and A	



# Nova Scotia Physiotherapy Association

NOVA SCOTIA PHYSIOTHERAPY ASSOCIATION  
*Annual General Meeting – April 12, 2025*  
10:15am – 11:15am  
NS PT Forum 2025 | Halifax Marriott Harbourfront Hotel

## MINUTES

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### 1. Call to Order; Welcome; Credential Report

Monica MacDonald, President, welcomed members and guests to the 2025 Annual General Meeting of the Nova Scotia Physiotherapy Association. Monica advised those in attendance that, according to NSPA Bylaws, quorum for the annual general meeting is 20 full members with representation from at least three districts. Monica reminded attendees that non-members are welcome but that only NSPA members can vote on matters before the Assembly. Monica confirmed that quorum had been achieved and called the meeting to order at 10:15 am. Monica introduced the Nova Scotia Physiotherapy Association's Chief Executive Officer, Patricia Connors.

Patricia acknowledged the contributions of physiotherapists and the work being done in the physiotherapy community.

### 2. Greeting from the Canadian Physiotherapy Association (CPA)

Krissy Bell, Chief Executive Officer of the CPA, thanked Patricia Connors and the NSPA team for organizing the Forum event. She acknowledged the many incredible accomplishments by outgoing NSPA President, Monica MacDonald. Krissy advised attendees that the profession is evolving at a light-speed pace. Physiotherapy is not only being seen as a sought-after solution to challenges across the healthcare system, but as an authority within the health sector and a leading voice in the key discussions that are influencing the delivery of healthcare across the country. She advised that the profession is already seeing policy changes from the momentum being built together across Canada. Krissy thanked the NS branch for their partnership and work being done to support the shared members and work with CPA to advocate on behalf of the profession. Krissy acknowledged the upcoming Federal election and the opportunity to show how strong our collective voices are within the profession when we continue to work together to advance the profession and increase its visibility within the healthcare sector. Decision makers are looking at us to lead. She advised attendees that there is an election toolkit located on the CPA website and encouraged members to speak to the candidates about why physiotherapy needs to be part of the policy solutions for healthcare with the next government. Krissy announced that next month the CPA will launch its Physiotherapy Moves Communities campaign for National Physiotherapy Month. Krissy shared the exciting news that CPA Congress will be hosted in Halifax in 2026. Krissy thanked NSPA members for their support; showing up for events, sharing expertise and insights, and using their voices to advocate for the profession and for the future of healthcare in Canada.

### 3. Approval of Draft Agenda

Monica reviewed the agenda and MOVED that the 2025 NSPA Agenda be approved as presented. Approval of the agenda for the NSPA Annual General Meeting was SECONDED by Kate Grosweiner. A vote was presented, all were in favour, none opposed. MOTION CARRIED.

### 4. Report from the 2024 Minutes Approving Committee

Minutes of the 2024 AGM were provided to members in an e-blast sent out prior to the meeting. The minutes were approved by the 2024 Minutes Approving Committee following the 2024 AGM.

## **5. Appointment of the 2025 Minutes Approving Committee**

Alison McDonald, Jennifer Quigg, and Ann Nelson volunteered to act as the 2025 AGM Minutes Approving Committee.

## **6. Financial Reports**

### **6.1 Approval of the 2024 Audited Financial Statements**

Lauren Windsor, Treasurer, presented the Financial Statements as of December 31, 2024, as Audited by Michael Canavan CPA. Lauren also presented highlights from the Financial Report.

Approval of the 2024 Financial Statements was MOVED by Lauren Windsor. Note: A seconder is not required as the motion had been previously approved by the Board of Directors. A vote was presented, all were in favour, none opposed. MOTION CARRIED.

### **6.2 Appointment of the 2025 Auditor**

NSPA Bylaws stipulate that members will annually appoint an Auditor to perform year-end financial services for NSPA. Lauren MOVED that Michael Canavan CPA be appointed to provide a year-end review for the Nova Scotia Physiotherapy Association for 2025. Approval of the appointment was SECONDED by Stephen Richey. A vote was presented, all were in favour, none opposed. MOTION CARRIED.

### **6.3 Presentation of the 2025 Budget**

Lauren presented the 2025 Operating Budget to those in attendance, which had been approved by the Board of Directors. The budget was provided for information purposes, and Lauren announced a deficit budget is planned for 2025. Lauren presented highlights of the 2025 budget.

## **7. Election of Directors for 2025-2027**

Monica advised membership that there are five vacant positions on the NSPA Board of Directors. The Board would like to recommend the election of Amy Prescott to the Board of Directors for 2025-2027. Amy has been filling a vacant Board position through appointment. Monica informed membership that the Board received two nominations during the call for nominations in February prior to the deadline; Jack Chiasson and Heidi Kent, and their bios were circulated to membership in advance. Monica made a call for nominations from the floor; Alison McDonald nominated Jessica Roy and Ben McCarthy. Jessica Roy was not in attendance and unable to accept the nomination. Monica advised membership that Ben McCarthy has been accepted onto the board through acclamation.

Monica thanked the current Board of Directors and welcomed the new Board volunteers.

## **8. Highlights from the Annual and Component Reports**

Monica thanked the NS Divisions and NS Districts for their efforts to support NSPA initiatives. She briefly reviewed the 2023-2025 strategic plan and reviewed Advocacy goals of 2024, and goals looking forward. She provided membership statistics which showed 51 new members in 2024, and advised that NSPA holds 71% market share of registered physiotherapists in NS.

### **8.1 Member Services Committee**

Heather MacAulay, Chair, gave an overview of highlights from 2024 which included Professional Development funding of just under \$10,000, diagnostic imaging course discounts, a successful Forum event in 2024, 4 award recipients, and a free educational opportunity at NS Physiotherapy Forum 2024. She advised attendees on the

goals of the committee for 2025. Heather thanked the Member Services committee volunteers, and made a call for volunteers.

### **8.2 Public Relations Committee**

Tara Moore, Co-Chair, provided highlights from 2024 which included social media campaigns and content. She reviewed the committee initiatives from 2024 and advised attendees of plans for 2025. Tara thanked the PR committee volunteers, and made a call for volunteers.

Monica thanked the 2024 Board of Directors, division and district leaders, and staff. Tara, on behalf of the Board of Directors, presented Monica with a gift as out-going President and acknowledged Monica's many achievements while she was President of the association.

### **9. NSPA Strategic Plan 2023-2025 – 2025 Priorities**

This agenda item was not discussed during the AGM.

### **10. Adjournment**

Monica thanked the NSPA Board of Directors and staff for their work. She also thanked all volunteers and NSPA members for attending the 2025 Annual General Meeting.

Monica MOTIONED that the 2025 Annual General Meeting of the Nova Scotia Physiotherapy Association be adjourned at 11:05 am. A vote was presented, all were in favour of adjournment. MOTION CARRIED.

Nova Scotia Physiotherapy Association  
[www.physiotherapy.ns.ca](http://www.physiotherapy.ns.ca)