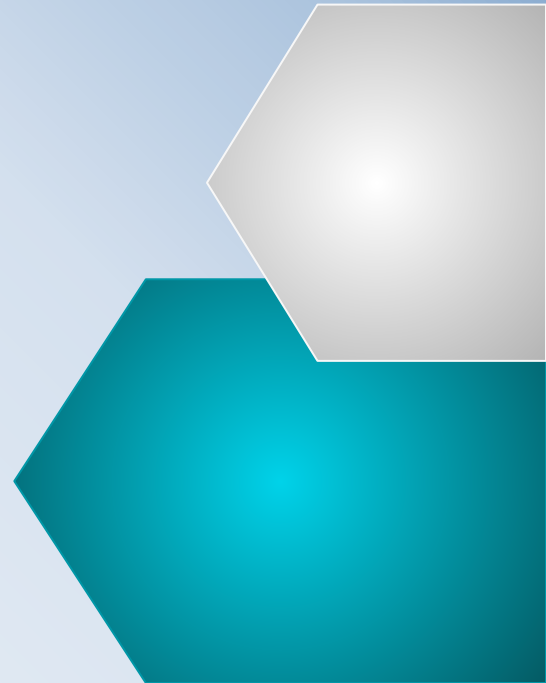


# Annual Report 2023



Nova Scotia  
Physiotherapy  
Association



# Letter from our CEO and President

On behalf of the Board of Directors, we are excited to present the 2023 Annual Report to members and stakeholders of the NSPA.

We are very proud of the work that the NSPA has accomplished over the past year. We had the opportunity to meet with Premier Tim Houston, the Minister of Health and Wellness Michelle Thompson, and other health leaders in the province on numerous occasions. We strengthened relationships with all levels of government, working together to find ways that physiotherapy can reduce the strain on our healthcare system. We continue to work towards our vision: that Physiotherapy in Nova Scotia is an essential partner for optimizing health.

We are incredibly grateful for our volunteers and staff who work tirelessly to add value to the NSPA membership. Over the next few slides, and in more detail in our components report, you can see all the fantastic work of our standing committees in 2023.



**CEO Patricia Connors**



**President Monica MacDonald**

# Presenting 2023

This was a big year for NSPA! We are proud to share the achievements with you.



# Membership at a Glance

2023

Total # of  
Members

713

Primary  
Employment  
Sector

58% Private  
23% Public  
19% Other |  
Unknown

Market Share  
of Registered  
PTs in NS

~70%

Membership  
Growth

↑ 5 paying  
members



# Member Value

2023

## Social Media

There was a big push to promote the profession, celebrate members and create shareable content. Please follow us!

## Monthly communication to members

Highlighted opportunities and postings, monthly newsletter highlighted what was happening at NSPA.

## Awards

Awarded Congress Bursaries for members and volunteers. Presented Recent Graduate Award.

## Professional Development

Professional Development Bursaries were awarded to members in the amount of \$10,000.

Created a Webinar Series for members posted in the member portal.

## NS PT Forum

Planning began in 2023 to host an incredible event for the profession.



# Engagement

2023

## Stakeholder Relations

Positioned NSPA as a voice for Physiotherapy in the province and connected with potential partners and key stakeholders.

## Scope of Practice

Attended National Roundtables on scope of practice. NSPA representative sat on CPA's Scope of Practice Steering Committee.

## MVA

Met with the Superintendent of Insurance.  
Response to NS Auto Insurance Discussion Paper.  
Collaborative letter from Atlantic PT & Chiro Associations.

## Partnership Development

Joined the Allied Collaborative Health Network.  
Monthly meetings with the NS College of PTs to align in priorities and prepare for changes in healthcare.

## Fair Compensation

Advocated for fair compensation for Physiotherapists working in the public health system & from Third Party Payers.



# Advocacy Priorities

2023

**Expanding  
Diagnostic  
Imaging referral  
abilities**

**Inclusion of  
PT in Primary  
Care**

**Autonomy to refer  
to specialists**

**PTs in  
innovative  
roles  
(e.g. triage in  
EDs)**

**Removal of  
Physician  
Referral for  
Third Party  
Payers**

**PT as a care  
pathway in  
YourHealthNS  
App**



Letter from our CEO and President

# Looking forward to 2024

In 2024 we will continue to work hard to be a strong voice at the table, sharing all the ways physiotherapy can improve our healthcare system.

We will continue to advocate for the integration of Physiotherapy within different sectors, such as primary care, and reducing barriers to allow physiotherapists to work up to their full scope of practice. In 2023 we completed a Market range survey and we are excited to use that data in 2024 to support our case for fair compensation during discussions with 3rd party payers. We will continue to offer opportunities to support our members, such as funding for professional development, shareable social media content, as well as tools for promoting self-advocacy

Working together we will continue to advance the profession of Physiotherapy within Nova Scotia.

We are stronger together.





# 2023 Financial Statements

*Nova Scotia Physiotherapy Association*  
**Comparative Statement of Net Income**  
For 12 Months Ended December 31, 2022 / 2023

	<u>2023</u>	<u>2022</u>
<b>REVENUE :</b>		
Membership Dues (note 2)	\$128,510	\$104,798
Advertising	\$10,458	\$7,711
Interest Income	\$2,862	\$574
Miscellaneous	\$1,294	\$7,466
<b>Total Revenue</b>	<u>\$143,124</u>	<u>\$120,549</u>
<b>EXPENSES:</b>		
Banking, Insurance, and Legal	\$3,579	\$3,080
Meetings and Stakeholder Relations	\$16,709	\$7,083
Member Recruitment and Retention	\$28,301	\$23,868
Office and Staffing	\$80,716	\$74,077
Public Relations and Marketing	\$7,703	\$5,755
<b>Total Expenses</b>	<u>\$137,008</u>	<u>\$113,863</u>
<b>Net Income (Loss)</b>	<u><u>\$6,116</u></u>	<u><u>\$6,686</u></u>

## NOTICE TO READER

To the members of the Nova Scotia Physiotherapy Association:

I have examined the financial records of the Nova Scotia Physiotherapy Association for the 12 month period ended December 31, 2023.

Based upon the information provided, I believe the financial statements accurately reflect the financial position of the Association as of December 31, 2023.

*Michael Canavan*

Michael Canavan



# 2023 Financial Report

*Nova Scotia Physiotherapy Association*  
**Comparative Balance Sheet**  
December 31, 2022 / 2023

	<u>2023</u>	<u>2022</u>
<b><i>CURRENT ASSETS :</i></b>		
Cash and Bank	\$245,811	\$235,608
Investments (note 2)	\$66,315	\$63,453
	<u>\$312,126</u>	<u>\$299,061</u>
<b><i>LONG-TERM ASSETS :</i></b>		
<b>Total Assets</b>	<u><b>\$312,126</b></u>	<u><b>\$299,061</b></u>
<b><i>CURRENT LIABILITIES :</i></b>		
Accounts Payable and Accrued Liabilities (note 2)	\$9,303	\$9,339
HST Payable	\$10,614	\$9,715
Deferred Revenue (note 2)	\$73,912	\$67,826
	<u>\$93,829</u>	<u>\$86,880</u>
<b><i>EQUITY :</i></b>		
Sinking Fund	\$30,000	\$30,000
Special Purpose Funds - Strategic Initiatives	\$30,000	\$30,000
Unrestricted Retained Earnings		
- Beginning of year	\$152,181	\$145,495
- Net Income (Loss) for year	\$6,116	\$6,686
- End of year	<u>\$158,297</u>	<u>\$152,181</u>
<b>Total Liabilities and Equity</b>	<u><b>\$312,126</b></u>	<u><b>\$299,061</b></u>



# 2023 Board of Directors

Please share in our appreciation of your 2023 Board of Directors . They contribute their time and energy to advance the profession.

Monica Macdonald | President

Rebecca Clark | Secretary

Lauren Windsor | Treasurer

Heather MacAulay

Keltie Cheney

Lauren Edwards

Patrick Mayne

Tara Moore

Amy Prescott | Dalhousie 2nd Year Rep.

Kate Delehanty | Dalhousie 1st Year Rep.



# Thank You!

We want to thank all of the NSPA members for their continued support. Without your support we would not be able to achieve the goals we set each year and promote and advocate for the physiotherapy profession.

