

**Simplifying the Thoracic Spine – Assessment & Treatment.
Integrating the Articular, Myofascial, and Neuromeningeal Systems
The EEMO Approach**

Course Instructor: Jill Robertson, PT
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Examiner Orthopaedic Division, CPA
Clinical Specialist MSK



Course dates: Nov. 21/22, 2026

Course times: 8:30 am – 4:00 pm
Snacks provided for morning breaks

Course Location: Jill Robertson Physiotherapy and Consulting
95 Foster Ave.
Fall River, NS

Course Fee: \$450

Course content: **1. Subjective and objective assessment** pearls to quickly differentially diagnose the patients' dysfunction. Conditions include:

- Joint sprains
- Joint fixations
- Annular disc sprains
- Disc bulge/herniation
- Weak stabilizing muscles
- Hypertonic erector spinae
- Altered neurodynamics
- Facilitated segments (sympathetic nervous system)

2. Treatment of the T-spine conditions listed above with the EEMO approach:

- Patient education - E
- Exercise therapy - E
- Manual therapy - M
- Other (taping, modalities) - O

As this is a practical course, registration is limited.

For more information send an e-mail to jillrobertson1717@gmail.com

To secure a spot on this course, e-transfer \$50 to jillrobertson1717@gmail.com (fully refundable if the course doesn't run). The remaining \$400 will be due Oct. 22, 2026.