## Simplifying the Sacro-iliac Joint – Assessment & Treatment. The EEMO Approach

Course Instructor: Jill Robertson, PT

MSc(PT), FCAMPT

Examiner Orthopaedic Division, CPA

Clinical Specialist MSK

**Course dates:** Nov. 22/23, 2025

**Course times:** 8:30 am – 4:30 pm

Snacks provided for morning breaks

**Course Location:** Jill Robertson Physiotherapy and Consulting

95 Foster Ave. Fall River, NS

Course Fee: \$420

**Course content:** 1. Subjective and objective assessment pearls to quickly differentially diagnose

patients' dysfunctions. Conditions include:

- Joint sprains
- Joint fixations
- Hypermobile / unstable joint
- Hypomobile joint
- Muscle imbalances
- Poor motor recruitment patterns
- Altered neurodynamics
- 2. **Treatment** of the sacro-iliac joint conditions listed above:
  - Patient education E
  - Exercise therapy E
  - Manual therapy M
  - Other (prolotherapy, bracing, acupuncture, modalities) O

As this is a practical course, registration is limited.

For more information send an e-mail to <a href="mailto:jillrobertson1717@gmail.com">jillrobertson1717@gmail.com</a>

To secure a spot on this course, e-transfer \$50 to <u>jillrobertson1717@gmail.com</u> (fully refundable if the course doesn't run). The remaining \$370 will be due October 29, 2025.

