

ADVANCED PHYSICAL THERAPY EDUCATION INSTITUTE

IN-PERSON COURSES IN NEW GLASGOW, NS

Hosted by: Aberdeen Hospital



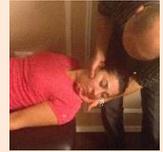
Instructor: **Dr. Bahram Jam, PT**

DScPT, MPhty, BScPT, FCAMT

Member of the International Association for the Study of Pain (IASP)

CERVICAL & THORACIC SPINE

Fri. May 8, 2026
(1pm-8pm)



“...responders reported negative beliefs regarding the impact of neck pain/whiplash and agreed that anxiety and stress influence the perception of pain. (Forte et al 2025)

This course will enable you to gain a practical knowledge of the possible **anatomical** and **psychosocial factors** leading to persistent neck, thoracic region and rib cage pain.

Once the pain classification is identified, optimal management options of acute and persistent cervical whiplash associated disorders (WAD) will be clearly reviewed such as anxiety reducing education, individualized exercise prescription and various manual therapies.

“...by far the most useful courses I've taken so far!” **Mariam Salama, PT**

SHOULDER COMPLEX

Sat. May 9, 2026
(9am-5pm)

(OTs & PTs)



Upon completion of this course, you will be confident in applying evidence-based clinical assessment skills for the diagnosis and treatment of individuals presenting with various common acute or persistent shoulder pain syndromes.

(E.g. persistent subacromial sensitivity, capsulitis (frozen shoulder), etc.)

You will also be able to confidently identify several potential contributing factors to persistent pain and dysfunction at the shoulder complex.

For course details and **registration**, please visit: www.aptei.ca