

# ATLANTIC PAIN CONFERENCE 2015



Friday, October 16, 2015

World Trade & Convention Centre  
1800 Argyle Street, Halifax, Nova Scotia

Supported by: Pain Services, Nova Scotia Health Authority & Dalhousie University Department of Anesthesia, Pain Management & Perioperative Medicine

Educationally Co-sponsored by:



Continuing Professional Development



To pay by credit card, please register online at: [nsanesthesia.ca/slappc](http://nsanesthesia.ca/slappc)

To pay by cash or cheque, payable to DUDADF (Dalhousie University Dept. of Anesthesia Development Fund), please detach this registration form and return with your payment to:

**Attn: Jessie Dowell-Gullison**  
Department of Anesthesia, Pain Management & Perioperative Medicine, Dalhousie University  
QEII Health Sciences Centre, 10W Victoria, Room 223  
1276 South Park Street, Halifax, NS, B3H 2Y9

*Confirmation of registration will be provided by email only. Receipts will be enclosed in the conference package. Fees apply to individuals and may not be shared. A full refund less an administration fee of \$50.00 will be made for registrations cancelled in writing by Oct. 2, 2015. No refund will be made after that date.*

## Accommodation

**The Prince George Hotel**  
1725 Market St. Halifax, NS, B3J 3N9  
(902) 425-1986 | [princegeorgehotel.com](http://princegeorgehotel.com)

*A block of rooms for the Atlantic Pain Conference will be held at the rate of \$159.00 until Sept. 15, 2015, and will increase to \$219 after that date. Parking is available at \$3.50 per hour or \$22.00 daily. Nearby Scotia Square offers a rate of \$2.00 per ½ hour or maximum \$20.00*

- Planning Committee**
- Kirk Blanchard, DDS, Atlantic Dental Centre
  - Doug Cane, PhD, Pain Management, Nova Scotia Health Authority
  - John Clark, MD FRCPC, Department of Anesthesia, Pain Management & Perioperative Medicine, Dalhousie University
  - Darlene Davis, RN BScN MN, Department of Anesthesia, Pain Management & Perioperative Medicine, Dalhousie University
  - Jessie Dowell-Gullison, CHRP, Department of Anesthesia, Pain Management & Perioperative Medicine, Dalhousie University
  - Mike Fleming, BSc MD CCFP FCFP, CPD, Dalhousie University
  - Katherine Harman, PT PhD, Physiotherapy, Dalhousie University
  - Laura Harris Buffett, MEd, Department of Anesthesia, Pain Management & Perioperative Medicine, Dalhousie University
  - Diane LaChapelle, PhD L, Psychology, University of New Brunswick
  - Mary E. Lynch, MD FRCPC, Department of Anesthesia, Pain Management & Perioperative Medicine, Dalhousie University
  - Andrea Rideout, MD FCFP, Northend Community Health Centre
  - Stancy Singh, BSc (Pharm) ACRP MBA, Pharmacy, Dalhousie University
  - Sylvia Westcott, Department of Anesthesia, Pain Management & Perioperative Medicine, Dalhousie University

## Educational Grants

This program was supported in part by educational grants provided by:



*In keeping with CMA Guidelines program contents and selection of speakers are the responsibility of the planning committee. Support is directed toward the costs of the course and not to the individual speakers.*

*Cover illustration by Helen Tupper*

## Please Check Applicable Fee

Fees	On or before Sept. 30	After Sept. 30
MD/DDS/DVS	<input type="checkbox"/> \$250	<input type="checkbox"/> \$300
Allied Health/Residents/Other	<input type="checkbox"/> \$150	<input type="checkbox"/> \$180
Students	<input type="checkbox"/> \$50	<input type="checkbox"/> \$70

## Participant Contact Information

Name: \_\_\_\_\_  
Email: \_\_\_\_\_  
Tel: \_\_\_\_\_ Fax: \_\_\_\_\_  
Mailing Address: \_\_\_\_\_

A complete and accurate mailing address is required for the income tax receipt.  
Note: Confirmation of registration is email only. Provide participant's email address.

## Concurrent Session Selection (please rank in order of preference)

- 3:30 - 4:45**
- A. \_\_\_ Management of Chronic Chest Pain Workshop  
B. \_\_\_ Pain Self-Management Stanford Program  
C. \_\_\_ Optimizing Care for People with Chronic Pain: The nurses' role in pain management  
D. \_\_\_ None
- 4:45 - 6:00**
- A. \_\_\_ The Evolving Role of Pharmacists in Pain Management  
B. \_\_\_ Navigating the Vocational Jungle in Pain Management  
C. \_\_\_ Cognitive Behavioral Strategies in Pain Management  
D. \_\_\_ None

### Dietary Requirements:

**Booklet Decline**  
I do not require a handbook for this program. In an attempt to balance concern for the environment and the value many participants attach to such material we offer the option to decline a syllabus booklet. Subject to speaker approval, most presentations will be available on the course website [nsanesthesia.ca/slappc](http://nsanesthesia.ca/slappc) for a period of three months following the conference.

### Payment

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# Program

## Overview

This program provides an update on pain management for family physicians, medical specialists and other health professionals who have an interest in assisting patients suffering with chronic pain.

The objective is to cover an intensive curriculum within a short period of time. The program will give the clinician an appreciation of the importance of taking an interdisciplinary approach as well as provide updates on key areas of pain management.

## Topics

- Chronic Cardiac Pain
- How Can Social and Electronic Media Be Used Towards Better Care for Patients with Pain?
- Update on Management of Neuropathic Pain
- Chronic Visceral Pain Update
  - Chronic pelvic pain
  - Recurrent abdominal pain in children
  - Management of chronic abdominal pain
- Pain Self Management Stanford Program
- Optimizing Care for People with Chronic Pain: The nurse's role in pain management
- The Evolving Role of Pharmacists in Pain Management
- Navigating the Vocational Jungle in Pain Management
- Cognitive Behavioral Strategies in Pain Management

## Study Credits

As an accredited provider, Dalhousie University, CPD designates this continuing medical education activity for up to 8.25 credit hours for MAINPRO M-1 of the College of Family Physicians of Canada and as an accredited group learning Section 1 activity as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada. Through an agreement between the Royal College of Physicians and Surgeons of Canada and the American Medical Association, physicians may convert Royal College MOC credits to AMA PRA Category 1 Credits™. Information on the process to convert Royal College MOC credit to AMA credit can be found at [www.ama-assn.org/go/internationalcme](http://www.ama-assn.org/go/internationalcme).

CPE Dalhousie University, designates this continuing pharmacy education activity for 7.5 credit hours, file number CED 2014-356.

## Speakers

**Michael McGillion**, RN, PhD  
School of Nursing, McMaster University

**Marc Jolicoeur**, MD, MSc, MHS, FRCPC, FACC  
Cardiology University of Montreal

**Christine T. Chambers**, PhD RPsych  
IWK Health Centre

**John O'Keefe**, B.Dent.Sc., M.Dent.Sc., MBA  
Canadian Dental Association

**Dwight Moulin**, MD, FRCPC  
NeuroSciences/Oncology, University of Western Ontario

**Gillian Graves**, MD, FRCSC  
Obstetrics & Gynaecology, IWK Health

**Ayala Y. Gorodzinsky**, PhD  
Centre for Pediatric Pain Research,  
Dalhousie University

**Michael Vallis**, PhD  
Psychology, Nova Scotia Health Authority

**Isabelle Zwerling**  
Manager of Health Services, Access and Flow, Nova Scotia Health Authority

**Marianne Beaton**, PT, MHA  
Physiotherapist, Nova Scotia Health Authority

**Sharon Davis**, RN  
Pain Management, Nova Scotia Health Authority

**Joanne Stewart**, RN  
Pain Management, Nova Scotia Health Authority

**Shari Vogler**, RN  
Pain Management, Nova Scotia Health Authority

**Lisa Nodwell**, BSc Pharm, ACPR  
Clinical Pharmacist, Nova Scotia Health Authority

**Michael MacNeil**, PharmD, ACPR  
Clinical Pharmacist, Nova Scotia Health Authority

**Brian Tapper**, M.Ed, RSW, RCT, CCC  
Vocational Counsellor, Pain Management, Nova Scotia Health Authority

**Doug Cane**, PhD  
Psychologist, Pain Management, Nova Scotia Health Authority

**Jill Chorney**, PhD  
Anesthesia, Pain Management & Perioperative Medicine, Dalhousie University

## Information

Conference Coordinator  
Sylvia Westcott  
Department of Anesthesia Pain Management & Perioperative Medicine  
[sylvia.westcott@nshealth.ca](mailto:sylvia.westcott@nshealth.ca)  
(902) 473-6428

## Friday, October 16, 2015

- 7:00 - 8:00 **Registration and Breakfast**  
8:00 - 8:15 **Welcoming Remarks, Introduction and Overview**  
- Dr. Mary Lynch

### Morning Session Chair - Dr. Karim Mukhida

- 8:15 - 9:45 **Chronic Cardiac Pain**  
- Dr. Michael McGillion and Dr. Marc Jolicoeur
- 9:45 - 10:15 **Stretch Break**
- 10:15-11:30 **How can Social and Electronic Media be Used Towards Better Care for Patients With Pain?**  
- Dr. Christine Chambers and Dr. John O'Keefe
- 11:30-12:30 **Update on Management of Neuropathic Pain**  
- Dr. Dwight Moulin

### 12:30-1:15 Lunch

### Afternoon Session Chair - Dr. Ron George

- 1:15 - 3:15 **Chronic Visceral Pain Update**
  - Chronic pelvic pain  
- Dr. Gillian Graves
  - Recurrent abdominal pain in children  
- Dr. Ayala Gorodzinsky
  - Management of chronic abdominal pain  
- Dr. Michael Vallis

### 3:15 - 3:30 Break

### Concurrent Sessions

- 3:30 - 4:45
- Management of Chronic Chest Pain Workshop**  
- Dr. Michael McGillion and Dr. Marc Jolicoeur
  - Pain Self Management Stanford Program**  
- Isabelle Zwerling and Marianne Beaton
  - Optimizing Care for People with Chronic Pain: The nurse's role in pain management.**  
- Sharon Davis, Joanne Stewart, Shari Vogler
- 4:45 - 6:00
- The Evolving Role of Pharmacists in Pain Management**  
- Lisa Nodwell and Michael MacNeil
  - Navigating the Vocational Jungle in Pain Management**  
- Brian Tapper
  - Cognitive Behavioral Strategies in Pain Management**  
- Dr. Doug Cane and Dr. Jill Chorney